



Star Press

THE OFFICIAL NEWSLETTER OF STARMOUNT PRESBYTERIAN CHURCH

JUNE 2026



As we hit the unofficial start of summer many folks in our communities will be traveling more and visiting the beach or the mountains. While summer may be a slower time for some, it is a time of great excitement and activity here at the church. Summer is often the busiest time for our children and youth ministries. Mark your calendars for *Vacation Bible School July 20-23* and the *Art & Bible Camp Aug. 3-6*. Both of these events serve as outreach and education events to the community. Please help us serve the children in our area by volunteering for these events. The earlier you can sign up and make a commitment to volunteer, even if it is for one morning that week, the more you help the staff and planning team.

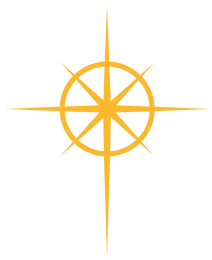
Another group that will be working hard this summer is our Congregational Nominating Committee. This year's committee will be elected at a congregational meeting on Sunday, May 31st. At this meeting you will hear an invitation to nominate individuals to serve as an elder. The term "Elder" does not refer to the numerical age of a person. An Elder is described in the Book of Order as an individual, "of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit."

The Presbyterian form of government is "representative," meaning that church officers are nominated and elected by the congregation. The nomination and election of church officers is one of the most important responsibilities of the congregation. The pastors and church staff do not submit nominations nor do they have a vote in the election of elders.

How the process works is that the nominations anonymously given by the congregation go to the Nominating Committee. That committee reviews the nominations as well as the needs of the church. They prayerfully discern who God may be calling to serve as an Elder, and then they begin contacting members whom they have selected. As you might imagine, not everyone who is contacted is able to serve, therefore the committee continues this confidential process until all available slots are filled.

Our Session consists of 15 individuals separated into 3 classes. Therefore, each year, the Nominating Committee works to complete a slate of 5 Elders. We ask you to prayerfully consider who God may be calling to serve as an Elder at SPC, and please submit those names to Wanda in the church office by calling or emailing wanda@starmountpres.org. If you happen to be asked by this year's committee to serve as an elder, we ask that you prayerfully consider doing so. It is a significant commitment, in that the elders and Session of the church are tasked with discerning God's will for the congregation. At the same time, it is an opportunity to grow in your faith and to serve a church that you love. Please keep both the work of the committee and the potential candidates in your prayers.

In Christ,
Charlie Lee



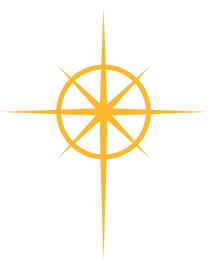
Inspiring Faith in God



A huge
congratulations to
Cindy Lee on
celebrating her
20th Anniversary at
Starmount on Sunday,
May 17th! We are so
incredibly proud of your
dedication and the
wonderful impact you
have made over these
two decades.



**HAPPY
ANNIVERSARY**



Sharing Hope Through Service



First day of Summer
June 21



**JUNE
TEENTH**

Church Office
Will Be Closed
June 19



HABITAT FOR HUMANITY VOLUNTEER DAY!

**SATURDAY, JUNE 13
8 A.M. TO 11:30 A.M.**

REGISTER TO [VOLUNTEER HERE!](#)

*THOSE 14-17 YEARS OLD MUST HAVE A PARENT
ON SITE WITH THEM ON THE VOLUNTEER DAY.

QUESTIONS, PLEASE CONTACT MARY CUADRAS: MURQUAD@GMAIL.COM



**Habitat
for Humanity®**
Greater Greensboro

Thanks to all who decide to volunteer!



Join in the Giving

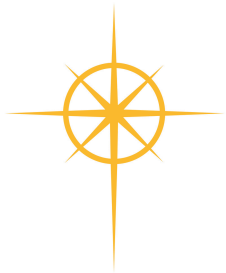


Starmount Gives

Donate until
June 28th
HERE

Designate "[Kellin](#)"
or "[Mustard Seed](#)"
on memo line





Sharing Hope Through Service

JUNE BIRTHDAYS

6/3 Jackson Lee
6/3 Kristin Landrum
6/3 Lynne Kirsch
6/7 Allison Colmery
6/7 Kevin Forrest
6/7 Harper Stevens
6/7 Miles Murphy
6/10 Carol Carpenter
6/11 Leslie Webb
6/12 Robert Foard
6/14 Frank Burton
6/14 Ann Parks
6/14 Walker Gill
6/15 Wells Gill
6/16 Mary Kinlaw
6/16 Matthew Winters
6/18 Dodge Roth
6/18 William Huffman
6/19 Nancy Edwards
6/20 Roger Sutton
6/21 David Buchanan
6/23 Linda Anderson
6/25 Shirley Thomas
6/29 Mabelle Ndouba
6/29 Annie Reynolds



A Simple Gesture has a Food Recovery program. This program recovers surplus food from grocery stores, restaurants, caterers, corporate cafeterias, etc. Their goal is “feeding not wasting”—preventing good food from going to the landfill.

Become a **Food Surplus Donation Driver**

Here is a **link** if you'd like more information on becoming a driver for this program. What makes this an easy way to volunteer is you set your schedule—just pick a day or days you are available. You're not committed to any particular day or frequency.

Any questions email Cathy csingram@gmail.com

VOLUNTEERS NEEDED

Backpack Beginnings

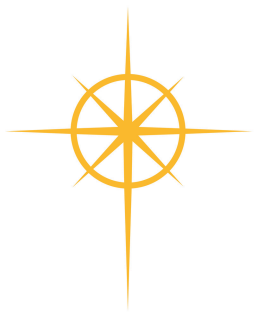
As part of our “*Summer of Service*” we have scheduled a volunteer time at Backpack Beginnings: **Tuesday, July 7 from 2:30–4:00 p.m.** Duties usually include sorting food, clothing, or other donated goods. Children under age 18 need to be accompanied by an adult.

To volunteer contact ciliesutton@gmail.com.

Sign up **HERE!**



BackPack BEGINNINGS



Building Loving Connections



Sleep Much?

Recently everywhere I look or listen, I see or hear articles talking about sleep. The topic has become the focus for print media, NPR news, Facebook, AARP – everybody is fascinated by sleep.

We spend about a third of our lives sleeping. The recommended time that we are advised to sleep is 7-9 hours per night. But a source at NPR (National Public Radio) tells us that nearly a third of Americans say they are not getting enough sleep. Our 24/7 culture promotes long hours and constant motion. Many people, especially young people, “sleep” with their phones close at hand and are constantly pulled from restorative sleep by phone alerts.

Chronic lack of sleep can lead to cognitive impairment, memory loss, poor concentration, lowered immunity, and mental health issues. It also increases the risk of chronic conditions like heart disease, stroke, diabetes, and obesity.

Sleeping is a critical time for the body to recover, repair, and reorganize. The time we spend in sleep strengthens the immune system, consolidates memories, cleans out toxic waste from the brain, and resets hormones to regulate mood, appetite, and energy levels. According to Dr. Merrill Mitler from NIH (National Institutes of Health), “Sleep services all aspects of our body in one way or another: molecular, energy balance, as well as intellectual function, alertness and mood.”

Get 7-9 hours sleep per night, keep electronics out of your bedroom, and enjoy these benefits of good sleep: (1) Get sick less often. (2) Stay at a healthy weight. (3) Reduce stress and improve your mood. (4) Improve your heart health and metabolism. (5) Enjoy sharper brain function. (6) Keep your blood sugar stable. (7) Lower your risk of accidents. (8) Increase your longevity.

Take time today to re-think your bedtime routine and commit to improving your life by better managing your sleep.

For more information about yoga classes at Starmount, contact Jennifer Dowler at jennifer@drachrom.com or call or text my cell at 336-312-9589 to learn more.





Building Loving Connections

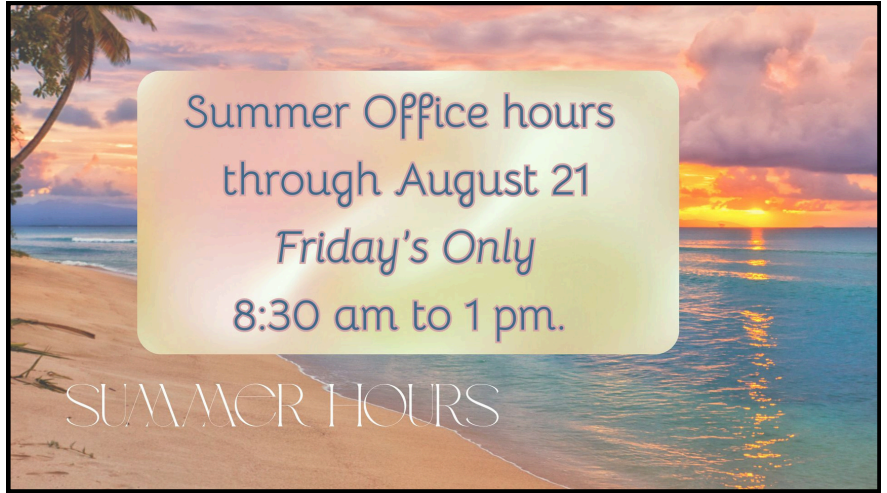
Happy
Father's
Day

JUNE 21

**BROOKS GLOBAL
INTERNATIONAL FESTIVAL**

MAY 2026

Our Tutoring Friends shared
about their country.



WELCOME

Join us in welcoming **JAMES LIVERPOOL**
as our new Church Business Administrator!
James starts on June 1.

PRESCHOOL GRADUATION 2026



Starmount
Preschool Class
of 2026,
you did it! 🎓
We loved
celebrating
your creativity,
and friendships
on May 21st.

YOUTH



VBS 2026!
July 20th-23rd
9am-12pm
Cost: \$10

3 years old (potty trained) - completed 5th grade
Click [HERE](#) to register online or call the church office.



Art & Bible Camp
August 3 - 6
9am-12pm

Register **HERE!**
or Sign up sheets in
Narthex and Chapel.
questions contact cindy
@starmountpres.org

\$20 per student
completed pre-k
thru 5th grade

Starmount
PRESBYTERIAN CHURCH

Volunteers Needed

We need your help for our VBS and Art & Bible Camp in many different areas! If you're available, even for just part of the week, please consider signing up to help.

Click HERE!

Crew Leaders **Prep Help**

Station Helpers **Floater**

And More!

Register for Summer Stars Camps

Monday – Thursday

Ages: 11 months – Completed K

Cost: \$135.00 per week

June 8 – 11 Mad Science

June 15 – 18 Let's Create

June 22 – 25 Wild West Junction

June 29 – July 2 Let's Get Cooking

July 6 – 9 Splish Splash



Church Staff

Pastor and Head of Staff

Reverend Dr. Charlie Lee

Ext. 116 charlie@starmountpres.org

Pastoral Associate

Laura Roberson Hadas

Ext. 115 laura@starmountpres.org

Director of Music

Sarah Downey

Ext. 120 sarah@starmountpres.org

Pianist/Organist

Michael Parker

mparker.piano@gmail.com

Contemporary Worship Leader

Rhett McAllister

rhett@starmountpres.org

Preschool Director & Director of

Children's Ministry

Cindy Lee

Ext. 124 cindy@starmountpres.org

Administration & Operations Manager

Wanda Krystyn

Ext. 110 wanda@starmountpres.org

Church Business Administrator

Lynne Kirsch

Ext. 111 lynne@starmountpres.org

Administrative Assistant

Annette Black

Ext. 117 annette@starmountpres.org

Volunteer Church Librarian & Historian

Mary Jane Conger

mjcreading@hotmail.com

Custodian

Y' Mem



Monthly Session and Ministry Minutes

If you are interested in viewing the monthly Session minutes or monthly ministry minutes you can call the church office to request a copy.

*3501 West Market Street
Greensboro, NC 27403

2026 Ministry Chairs & Leadership

Children & Youth -

Debbie Stubbs & **Leslie Webb**, co-chairs

Congregational Engagement & Growth -

Evelyn Nadler & **Evelyn Garrison**

Connections -

Art Fitchett, Chair

Finance -

Kris Kattmann, Chair

Inspire Faith -

Frank Burton, Chair

Mission -

Mary Cuadras & Greg Rechlin, co-chairs

Personnel -

Kaye Brassfield, Chair

Property -

Gary Anderson Chair - **Haywood Ingram**

Names in bold are current Session members

Starmount Financials

2026 GENERAL FUND PLEDGES BUDGET vs RECEIVED

	Budgeted	Pledges	Difference
Month	Pledges	Received*	Over/(Under)
January	\$ 42,000	\$ 41,231	\$ (769)
February	\$ 37,000	\$ 36,048	\$ (952)
March	\$ 36,000	\$ 35,376	\$ (624)
April	\$ 40,000	\$ 52,083	\$ 12,083
2026 Total	\$ 155,000	\$ 164,738	\$ 9,738

*Includes PY pledge received in current year

For where your treasure is, there your heart will also be.

Luke 12:34

Generous living is about approaching each day with an open heart, an open mind, and an open hand. What can you do today to live more generously? What generous living choices can you make today that will make a difference in the future?

Contact Lynne for more information about Legacy Giving to Starmount